

# 10 WAYS TO RAISE AWARENESS ABOUT DOWN SYNDROME

1. *Share stories & photos on social media & tag DSAGSL*
2. *Wear your Down syndrome awareness t-shirts around town & tell people what they mean*
3. *Thank a manager or owner of a business where someone with Down syndrome is employed*
4. *Book a DSAGSL presentation about Down syndrome at a school, business, or an organization you are involved with*
5. *Display a support sign in your yard to raise awareness in your neighborhood*
6. *Ask your local library if they will create a display of books about Down syndrome*
7. *Ask the educators you know to attend the free Down Syndrome Education Specialist Program at DSAGSL*
8. *Join DSAGSL for an event during Down Syndrome Awareness Month*
9. *Email your friends & family about Down Syndrome Awareness Month, & share with them how they can raise awareness, too*
10. *Start a "Genes Day" at your school or work, create a Champions of Change page for your birthday, or make a contribution through the DSAGSL annual gift appeal*



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