

# 10 WAYS TO RAISE AWARENESS ABOUT DOWN SYNDROME

- 1. Share stories & photos on social media & tag DSAGSL*
- 2. Wear your Down syndrome awareness t-shirts around town & tell people what they mean*
- 3. Thank a manager or owner of a business where someone with Down syndrome is employed*
- 4. Book a DSAGSL presentation about Down syndrome at a school, business, or an organization you are involved with*
- 5. Display a support sign in your yard to raise awareness in your neighborhood*
- 6. Ask your local library if they will create a display of books about Down syndrome*
- 7. Ask the educators you know to attend the free Down Syndrome Education Specialist Program at DSAGSL*
- 8. Join DSAGSL for a Down Syndrome Awareness Month event in October*
- 9. Email your friends & family about Down Syndrome Awareness Month, & share with them how they can raise awareness, too*
- 10. Start a "Genes Day" at your school or work, create a Champions of Change page for your birthday, or make a contribution through the DSAGSL annual gift appeal*



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